

About Our Speaker



Robyn Roche-Paull, RN, BSN, IBCLC, has been working with breastfeeding mothers for over 18 years. She holds Bachelor's degrees in Maternal Child Health and Nursing.

Currently, Robyn is working as an IBCLC at Madigan

Army Medical Center serving AD military families. She is a retired La Leche League Leader. Robyn is an expert in the field of breastfeeding in the military, the founder of the website www.breastfeedingincombatboots.com and the award-winning author of the comprehensive book "Breastfeeding in Combat Boots: A Survival Guide to Successful Breastfeeding While Serving in the Military" published by Hale Publishing, a resource for military mothers choosing to breastfeed. She is a veteran of the US Navy with experience breastfeeding on active duty.

Robyn is an energetic and dynamic speaker who brings personal experience combined with evidence-based research to her presentations. Her motivation for speaking is to bring attention to subjects she feels are little understood, and yet affect many women.

Robyn's main focus is on Breastfeeding in the Military, a topic that presents unique challenges and circumstances far different from those encountered by women in the civilian workforce. Her expertise on the subject is also well suited to those working with women in any non-traditional field such as police, firefighting, construction and the like.

As a tattooed and pierced IBCLC, Robyn has a personal as well as professional interest in Body Modifications. With the rise in tattooing and piercings by the new generation of breastfeeding mothers, Robyn feels that the topic of Body Modifications and how it relates to breastfeeding, is very relevant.

Agenda

8:00-8:30	Breakfast and Registration
8:30 – 8:45	Opening Remarks
8:45-10:15	Breastfeeding in Combat Boots: Active duty and non-traditional occupations, separation issues, workplace environments and HAZMAT concerns
10:15-10:30	Break
10:30-12:00	Body Modifications and Breastfeeding: Is breastfeeding safe for the tattooed and pierced mom?
12:00-1:00	LUNCH
1:00-2:30	Pumps and Pumping At Work: Choosing the right pump, maximizing time on the pump, pump schedules and info on WHO code compliance.
2:30-2:45	Break/Snack
2:45– 4:15	Breastfeeding and Bonding: Strategies to Stay Close While Separated
4:15-4:30	Closing remarks, silent auction winners, and certificates

Continuing Education

RN's: 7.2 hours of continuing education for nurses, have been requested.
RD's: 6 hours for dietitians have been requested from CDR.
IBCLC's: 6 L-CERPs for lactation consultants have been requested from IBLCE.

*KBN, IBLCE, or CDR approval of an individual continuing education provider or offering does not constitute endorsement of program. Participant must complete entire program for credit.

Laura Serke
1705 Tyler Parkway
Louisville, KY 40204

Kentuckiana Lactation Improvement Coalition



Kentuckiana Lactation
Improvement Coalition

Supporting the Modern Mama

- Body Modifications
- Unique Work Environments
 - Pumping
- Staying Close While Separated

Friday
October 20, 2017

Big Spring
Country Club
Louisville, KY

Program Objectives

The conference will be presented in lecture format with question and answer sessions and interactive case studies. At the completion of the conference the learner should be able to achieve the objectives presented with each topic.

Breastfeeding in Combat Boots: Active duty and non-traditional occupations, separation issues, workplace environments and HAZMAT concerns

- Understand the history of women in non-traditional occupations as related to breastfeeding
- Define the policies and regulations regarding breastfeeding in various non-traditional occupations
- Define the barriers to breastfeeding in the non-traditional occupations
- Identify strategies use to support breastfeeding mothers in non-traditional occupations
- Apply knowledge of breastfeeding in non-traditional occupations

Body Modifications and Breastfeeding: Is breastfeeding safe for the tattooed and pierced mom?

- Understand the culture, history, types, and reasons for body modifications
- Identify how piercings and tattoos are performed
- Define the health issues surrounding piercings and tattoos as related to breastfeeding
- Define laser removal, universal precautions, and laws
- Apply knowledge of breastfeeding with tattoos and piercings

Pumps and Pumping At Work: Choosing the right pump, maximizing time on the pump, pump schedules and info on WHO code compliance.

- Identify various types of breastpumps and supplies
- Identify strategies for choosing a breastpump
- Identify strategies for efficient pumping, collection
- storage, and common pumping problems
- Apply knowledge of breastpumps and pumping

Breastfeeding and Bonding: Strategies to Stay Close While Separated

- Identify importance of breastfeeding when separated
- Identify differences between breastfeeding and breastmilk feeding
- Identify strategies for bonding when separated
- Apply knowledge of bonding and breastfeeding strategies

Lodging

**Hawthorn Suites by Wyndham
Louisville East**
751 Cypress Station Dr.
Louisville, KY 40207

Phone: [502-899-5959](tel:502-899-5959)
Web: <http://www.hawthorn.com/>

A block of rooms has been reserved for the conference with the special rate of \$139 + tax per suite.

**Bring cash, check, or
debit/credit card to shop wonderful
items from our bookstore, silent
auction and our vendors!**

Cancellation and Refund Policy

Pre-registration is required. No refunds will be given for cancellations **after October 1**. In case of severe weather, KLIC reserves the right to cancel the presentation.

Target Audience

Lactation Consultants, Physicians, Nurses, Dietitians, Doulas, Childbirth Educators, Certified Lactation Counselors, HANDS staff, Breastfeeding Peer Counselors, and LLL Leaders. Any healthcare professional working with moms and babies.

Questions?

Email registrar@klicbreastfeeding.org or visit www.klicbreastfeeding.org. You may also phone Bonnie Logsdon at (270) 202-9545.



**Babies in Arms Welcome!
A pumping area will also
be available.**

Location

**Big Spring
Country Club**
5901 Dutchman's Lane
Louisville, KY 40205
(502) 459-2622

*****Parking***
in the rear of the clubhouse**



Financial Assistance

KLIC is offering two scholarships for both a member and non-member currently working with breastfeeding dyads. You may *not* have received the scholarship in the past 3 years. All complete applications will be reviewed by the KLIC Executive Board, and the recipient will be notified by October 4, 2016.

Deadline to receive applications: September 30.

Further information and the application form for financial assistance can be found on the conference page of the KLIC website.

www.klicbreastfeeding.org

Registration Form

Online registration available at
www.klicbreastfeeding.org

OR complete and return the form below
with your payment

Registration Deadline: October 15.

Space is limited so reserve your seat now!

Name / Credentials: _____

Address: _____

City /State/ Zip: _____

Phone: _____

Email address: _____

PLEASE PRINT CLEARLY

You will receive an e-mail confirmation
of your registration.

PLEASE CIRCLE APPLICABLE FEES:

\$125 Non-KLIC Member

\$85 KLIC Member

\$50 Non-CEU (Community Members, Students, etc)

**NOTE: Continental Breakfast, Lunch and a
snack are included in registration fee.**

Please select one lunch option:

- Turkey Club
 Cobb Salad
 Grilled Veggie Wrap

Gluten Free? Other Allergies?

Pay online OR Enclose Check Payable To:
KLIC

Mail to: Laura Serke
c/o KLIC
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