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As we #stayhealthyathome,  
KLIC is holding a live, online meeting  
and presentation on May 4.

# Abuse, Bias, and Childbirth: How Women in Appalachia are Still Considered Second Class



## Stephanie Hutchinson

MBA, IBCLC, RLC, CLC, CLS  
Appalachian Breastfeeding Network

May 4, 2021  
Online Access Only

This is a live WebEx meeting and presentation. KLIC members will receive information about accessing the meeting directly through email. Become a KLIC member, or pay \$10 to receive access for CERP/CEU, at [www.klicbreastfeeding.org](http://www.klicbreastfeeding.org).

6:30 pm      KLIC Meeting  
7:00 pm      CE Presentation

Appalachia has a well-documented culture where the current treatment of women and self-identified mothers is similar to that of the United States fifty years ago. Breastfeeding initiation and duration rates in this region also lag. Poverty, addiction, abuse, bias, and female discrimination are all barriers to increasing these rates across all thirteen states of the Appalachian region. Rural areas still living in third world country poverty conditions are fighting a structural violence that sets the mother/baby dyad for breastfeeding failure before breastfeeding is initiated.

By the end of the webinar, the participate will be able to:

1. Define domestic violence and sexual abuse in Appalachia
2. Discuss trauma informed caresteps to implement within a lactation practice
3. Learn how to support a survivor of domestic violence/abuse as a breastfeeding supporter.

Stephanie Hutchinson is an International Board Certified Lactation Consultant (IBCLC) and international speaker who lives in south-east Ohio with her two daughters and wife. She founded the Appalachian Breastfeeding Network in May of 2016. Stephanie owns a private practice and is an instructor for Lactation Education Consultants. Intersectionality is an important part to her work, striving for an inclusive and diverse outlook on every project she is involved in. She continues to work towards transformation of breastfeeding culture, Appalachian health equity, and increasing access to care in Appalachia, giving a voice to Appalachia, which continues to be underserved and overlooked.

CEUs and CERPs will be provided upon program completion. Free to KLIC members. Contact Kristi Schroeder, KLIC Vice-President, at (502) 785-8916 or [kristischroeder29@gmail.com](mailto:kristischroeder29@gmail.com) with questions about the program, location or weather/cancellation questions. In the case of severe weather, KLIC reserves the right to postpone and/or cancel the presentation. This presentation is approved by the Kentucky Board of Nursing (KBN) for 1.2 "Contact Hours", provider # 5-0033, expiration date 12-31-21. 1 L-CERP has been requested from IBLCE.